



“Recent cuts to public transport has seen villages lose their bus service. Shops and pubs have closed and local families are being priced out of their villages. As a result older people have been left isolated from their local community – and we want to address this.”

Sarah Lally-Marley
Partnership Funding &
Community Development Worker

Ryedale Carers Support, Caring Together Whitby, and Scarborough Support for Carers partnership

Project:

‘Whitby Rural Community Breakfast’

Subject:

Training, support and practical skills

Location:

Lythe, Whitby, North Yorkshire

Overview:

£2,500 was awarded to the partnership to help workers tackle loneliness and isolation among older people and carers living in rural areas of the Whitby district. The project – the Whitby Rural Community Breakfast – is a monthly social morning based at Lythe Village Hall. This is free of charge and provides tea, coffee and bacon butties as well as entertainment for people living in rural communities, many of whom have mobility problems, caring responsibilities and/or no access to public transport.

Funding has enabled the group to pay for door to door community bus transport and travel expenses for volunteer car drivers for 12 months, as well as monthly village hall hire and refreshment costs.

This project has helped to bring people together in a relaxed, social setting where they have been able to make new friends, feel less alone and better able to engage with their local community. Participants are able to feel an ownership and relevance of the ‘breakfast’ which in turn can result in new friendships and a sense of community.

