

“Loftus Dolphins has an excellent reputation for nurturing junior swimmers, but this funding will put them on a level playing field with their contemporaries when they attend competitions.”

Barbara Wilkinson

## Loftus Dolphins Swimming Club

### Project:

Starting blocks

### Subject:

Health, wellbeing and sports  
Youth engagement

### Location:

Loftus, Redcar and Cleveland

### Overview:

Loftus Dolphins has 60 members aged between 7 and 17 who compete both regionally and nationally at a high level. They have been historically at a distinct disadvantage at the start of their races because the club, with only a small membership and high overhead costs for pool hire, have been unable to fund the purchase of the correct starting blocks to enable swimmers to practice dive starts – a fundamental skill in competitive swimming.

£5,000 was awarded to the club for the provision of six starting blocks with adjustable footrests which all of the swimmers, both present and in the future, will benefit from, by being able to practice their starts on the most up to date blocks. The coaches are also able to benefit by improving their skills and knowledge of starts which can be passed on to future generations of members; and the club is able to host other clubs in competitions.

